



Energy Alterations in Autism Spectrum Disorder Patients, Why are they on the Increase and how can we Treat this Condition without the Use of Psychotropic Medication

Huang Wei Ling MD

Wu Wei Institute, Rua Homero Pacheco Alves 1929, Franca, Sao Paulo, Brazil

Citation: Huang Wei Ling MD (2026) Energy Alterations in Autism Spectrum Disorder Patients, Why Are They on the Increase and How Can We Treat This Condition Without the Use of Psychotropic Medication J of Adv Clin Neu Res 2(1), 01-16. WMJ/JACNR-111

Abstract

Introduction: Autism Spectrum Disorder (ASD) is characterized by apathy, alterations in social communication, as well as repetitive behavior. According to Traditional Chinese Medicine (TCM), autism is related to insufficiency of the Heart, Liver, Lungs, Kidneys and Spleen.

Purpose: The purpose of this study is to show that autistic patients have an energy deficiency in their five internal, massive organs (Liver, Lungs, Heart, Spleen and Kidneys) and the treatment to rebalance and replenish these organs is of major importance in the improvement of ASD patients.

Methods: Two case reports of patients with the clinical diagnosis of ASD. Both of them including their parents were submitted to the measurement of their internal energy applying the radiesthesia procedure using a crystal pendulum.

Results: All of them, including their parents, were at the lowest level of energy in the Liver, Heart, Spleen, Lungs and Kidneys, rating one out of eight. The treatment consisted in changes in their dietary aspects to improve the energy of these organs using Chinese dietary counseling, doing auricular acupuncture with apex ear bloodletting. Also, homeopathic medications were used to replenish the energy of these organs according to the theory of Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine. Furthermore crystal-based medications and highly diluted Chinese herbs were used. All those involved improved greatly with these treatments, and they began to communicate more and socialize normally, reducing their rate of anxiety and other emotional symptoms. So, the need for psychotropic medications was reduced, creating a favorable situation as these medications could very well aggravate the internal energy condition even more, leading to the worsening of the cause of the ASD symptoms.

Conclusion: The conclusion of this study is that the patients with ASD and their parents had energy deficiency in the five internal massive organs (Liver, Heart, Spleen, Lungs and Kidneys) at the lowest level of energy, which corresponds to the five elements (Wood, Fire, Earth, Metal and Water) of the five elements theory of TCM. The use of Chinese dietary counseling, auricular and systemic acupuncture and replenishing the energy

of these organs using the theory titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* was very important in treating the cause of the formation of ASD symptoms and not just treating the symptoms using psychotropic medications recommended nowadays in some literature. The treatment focusing on the “root” of the problem proved to be excellent working within the entire mind and body of these patients, and it has become the recommended treatment nowadays of this new global immunodeficiency that we are facing because of the modernization of telecommunication, one cause of this energy deficiency situation.

***Corresponding author:** Huang Wei Ling MD, Wu Wei Institute, Rua Homero Pacheco Alves 1929, Franca, Sao Paulo, Brazil.

Submitted: 23.12.2025

Accepted: 27.12.2025

Published: 10.01.2026

Keywords: Autism Spectrum Disorder, Energy, Traditional Chinese Medicine, Diet, Acupuncture, Homeopathy, Immunodeficiency

Introduction

Autism Spectrum Disorder (ASD), according to Western medicine's point of view is a disorder affecting the development and neurological part of the human body leading to an impairment of communication, learning, interaction with others and behavior. The symptoms normally appear in the first two years of life but ASD can be diagnosed at any age [1]. It can affect people in all age groups, economic backgrounds, sexes and ethnicities, and can be a life-long disorder but support and treatment can improve daily functioning, health and well-being [1]. The articles about this subject until today say that they do not know the cause of the formation of autism [1].

In this article, I will demonstrate that patients with the diagnosis of autism and their parents have alterations with regards to energy, which is not studied by Western modern medicine, but by ancient medical traditions such as TCM. For this reason, Western professionals cannot understand until today, what is affecting the people with ASD, because this energy is usually invisible to the naked eye and not studied by medical faculties after the implementation of the Flexner report in 1910 [2-4].

The purpose of this study is to demonstrate that patients with ASD have one thing in common which is an energy deficiency inside their five internal massive organs with reference to the Five Elements Theory from TCM which is not studied by Western

modern medicine. Mainly after 2014-2015, an alteration in the internal organs' energy of the world's population occurred, caused by the modernization of telecommunications, namely the implementation of cell phones and computers linked with the dissemination of Wi-Fi around the world. The treatment of this condition rebalancing and replenishing these organs' energy can prevent the onset of autism in couples who want to have baby or reduce symptoms or cure patients with autism without using any kind of psychotropic medication which are medications that could reduce even more this internal energy disharmony leading to complications or even the death of these patients [2-5].

Methods

Through two cases reports, I will demonstrate which energy alterations that patients with the diagnosis of ASD and their parents have in their background, and how we can treat this condition without using psychotropic medications, which could reduce even more the internal energy condition and induce many side effects among this new type of population that we are treating nowadays, considered to be immunodeficient.

Case Report One

T, 17-year-old male, was diagnosed with ASD when he was 4 years old. He began to have behavioral alterations from the age of four. According to his mother, he was born by C-section. It was almost a vaginal birth, but the doctor did not let her finish, because she

had already had two cesareans. He had a very high Apgar score after the delivery. T. began to get sick when he was 8 months old, having fever with seizures and every time he was taken to the hospital, he was usually given an injection (an anti-convulsant medication) and then sent home. This situation lasted for four months with febrile convulsions, the injections and home again. After this period, they went to another doctor who asked for an exam of the nasal mucus which revealed two bacteria that could be responsible for an infection (bacterial meningitis) in the central nervous system. They did not admit him to the hospital and decided to treat him at home using intra-muscular injections of antibiotics in his buttocks to treat both bacteria. After this treatment for 3 months, he maintained good health. They searched for another doctor in another city who orientated them to avoid the ingestion of dairy products, which could induce the proliferation of those bacteria, because he could not digest the cow's milk protein. After avoiding milk, he no longer had convulsions or fever. During this period, he started treatment with quantum medicine, and this helped him to have more control of his episodes of fever.

During the COVID-19 pandemic, he went to a swimming pool with hot water and spent a long time there. After, he took a shower of Cold water, he started to have 10 convulsions in a row.

The parents took him to the hospital and started the treatment again.

After this period, they made the diagnosis of ASD and they thought it began when he was 3 or 4 years old.

He also had two brothers with the ASD diagnosis; the first one was alive but the second brother had died after receiving an injection of medication in the hospital due to fever. T. was the youngest son of the couple.

His mother went to the author's clinic to treat her low back pain symptoms and mentioned T and his diagnosis of ASD.

The doctor was asked to bring T. for an evaluation, and his energy level was measured. Also, the energy of his parents was measured. Before he came into the office, he had to wait for some minutes in the waiting room.

He was very agitated and could not stay seated, always in constant movement.

After he came into the examination room, to be attended, he still could not stay seated, he climbed into the litter bin, stepped on the scales without permission, and kept picking up items that were on the desk showing much agitation.

He was asked to sit on a chair to measure the energy of his organs. He became calm only after using five drops of homeopathy of the *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*.

Results of Case Report 1

The results of these measurements (T. and his parents) showed that all organs were at the lowest level of energy, rated one out of eight. The treatment of this condition included Chinese dietary counseling which consists of avoiding some kinds of foods which will be described in the discussion section, auricular acupuncture with apex ear bloodletting twice a week which will be demonstrated in more detail as to the points used in this treatment, and replenishing the internal organs energy using highly diluted medications according to the theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*, crystal-based medications and highly diluted Chinese herbal therapy.

After he started doing this treatment, he calmed down a bit. He was still agitated but less, though showing some peculiar behavior. He was still putting everything in its place. But as he became calmer, there was time to help, because he was in a process that if someone stepped in and tried to stop him, he would override their efforts, so it was worrying.

The energy of his mother and father was measured, and both were at the lowest level of energy. His mother was on the same treatment of T, using the medications to replenish the energy of the five internal massive organs but his father did not want to be treated however he was doing auricular acupuncture twice a week together with T.

Case Report Two

C. is a 6-year-old female patient and had the diagnosis of autism when she was a year and a half. C. was born

at 37 weeks. It was a natural birth, and a planned pregnancy. Her mother took all the necessary vitamins and did everything she needed to do before her baby's birth. Everything seemed to be fine, and she was born perfectly well. C. was 37 weeks and well-formed, and during the first few months she developed very well. She made eye contact, clapped her hands, responded to commands, interacted very well, imitated those around her, sang "Happy Birthday," smiled, and clapped her hands together. After 9 months, a regressive process began. She stopped looking at her parents in the eyes. She no longer responded to their commands. Then some changes began to occur as if she was having some regression in her development, she began to behave differently. Her speech until then was just a babble, and she did not develop the formation of words. This began to worry her parents because some stereotyped movements began to appear, for example, she would stretch her legs a lot, contract them, she would turn her head up. This occurred in a very repetitive way. At around a year and a half, she began to walk, as expected, she walked within the normal period, she walked very nicely, very well, she smiled, but she made little eye contact. When her parents called her, she did not look. She was not that interested in other children anymore. She would stay there playing, alone, and she would not speak and would only babble. The first person to notice was the paternal grandmother, who said there were some differences between her and the other children. So, her parents went for professional help to obtain an evaluation. An assessment was made using a specialized psychological analysis at a multidisciplinary clinic when she was one and a half years old. They also took her to a neurologist that noticed that she had a delay in neurodevelopment, a delay in the sensory area and a neurocognitive function, however it was not possible to make a diagnosis. Her parents had to wait for the responses from therapists, and they had to wait to do the stimulations to have a more precise diagnosis.

Her parents also sought a more specialized evaluation from a speech therapist specialized in autism to address the language issue. She was already a year and a half, but she had the language level of a seven-month-old child. With this evaluation, her parents took her to a psychologist specialized in autism and, also, to occupational therapists because of her behavior. And the sensory issue was also very impaired. C.

. could not grasp textures. She was very anxious about textures. For example, she could not get her hands dirty. She was very anxious about getting dirty. She would clean them right away. She could not touch textures. She felt the world through her mouth. She used her mouth to touch everything, to feel the world. The neurologist completed her diagnosis of autism spectrum disorder (ASD) when C. was two years old. C. had already been undergoing a lot of therapy and achieved some development. The only treatment her parents had not tried yet was acupuncture and other tools used by Chinese medicine. The first acupuncture appointment was a disaster. Coming to the appointment, the situation became practically impossible. When they entered the office, she had a crisis. She could not wait because she had not developed any kind of patience. She had a crisis; she threw herself onto the floor. She wanted to hit her parents. She could not wait at all. She had to be taken home immediately. The first attempt was frustrating. Her parents could not gain control. On a second attempt, they came back and they tried behavior regulation. They still had a lot of difficulty in this second attempt, to go through the whole appointment. There was a lot of resistance. She would not even sit down still. It had to be done by force. The acupuncture medical doctor did the measurement of her five internal massive organs' energy using the radiesthesia procedure and also measured the energy of her parents using the radiesthesia method.

Results of the Case Report Two

The internal massive organs' energy (Liver, Heart, Spleen, Lungs and Kidneys) of C and her parents were at the lowest level of energy, rated one out of eight. The treatment consisted in changing some aspects of their diet according to Chinese dietary counseling, avoiding some kinds of foods such as dairy products, Cold water, etc., auricular acupuncture with apex ear bloodletting and replenishing these internal massive organs' energy using highly diluted medications according to the theory written by the author titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*, crystal-based medications and highly diluted Chinese herbal therapy. Floral medications were also used to calm the psychological symptoms. Two sessions of auricular acupuncture with apex ear bloodletting were scheduled per week. As time went by, she started to understand, she started to accept the auricular acupuncture sessions, and her

parents started to observe improvements in her behavior. She started to socialize better, to be calmer in therapy environments, at school, and in her family relationships. She started to become calmer. And with this calm, she started to perform better both at school and in the therapeutic environment. There was an improvement in the waiting environment. In situations where she needed to wait, as in learning situations, regulating behavior helped a lot in all these activities that she needed to do, because when she was unregulated, she could not do any of the activities she needed to do during the day. The use of energy-based treatment gave her the energy that was lacking and her parents noticed that she had an improvement in her daily life. She became more willing to do her schoolwork. Her interactions with other children, playing, became more functional, she understood how to play with toys, how to interact better with people, and look people in the eye. Even her speech became a little more effective. So, knowing that she was a nonverbal child, she did not have a way of speaking in all situations. She was nonverbal, so she was learning to speak. But she was managing to say some words. She had improved her repertoire a lot. She started saying “Mom”, Grandma and Dad. She talked a lot about water, fingers, feet, and hands. She talked a lot about the color blue. Before, she had not talked and had spoken very little. Then she was trying, and she was a very hard-working girl. And even pronounced the end of the word. She was trying hard to learn. During the therapies, she did an activity where she had to match all the colors in sequence. The activity lasted more than ten minutes. She managed to sit for more than ten minutes, concentrating, changing the colors on the ring. Yellow, green, blue, red and saying the colors. Her mother cried with emotion, and said, Praise God! Her mother said, “Oh my God, thank you, because it was an achievement, such a great accomplishment”. It was a blessing from the Lord and she managed to do it. The day she managed to go to the bathroom by herself was a milestone. She had no idea how to go to the bathroom. Peeing in the bathroom was the hardest thing. She would pee in her clothes, many times, and poop in her clothes. Then she went to the bathroom by herself. She sat down and pooped by herself. They got to the bathroom. She was pooping and peeing in the toilet. She used to wear diapers, but that day she was not. Her parents managed to take off the nighttime diaper when she was six years old. And that day she

managed to go to the bathroom by herself. C. pulls down her pants, sits on the toilet, washes her little hands, throws the paper in the trash. She went by herself, without anyone saying anything. Her mother cried so much and thanked God because it was the hardest part. And today she can do it by herself.

After this energy-based treatment replenishing the energy of the five internal massive organs using highly diluted medications according to the theory created by the author titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*, changing some dietary aspects according to Chinese dietary therapy and auricular acupuncture with apex ear bloodletting, it was possible to improve 80% of all her functions, according to her mother’s words, she became much calmer and her development was important. There is still the issue of speech because the difficulty in communication is what makes her nervous and this is the 20% that needs to improve in her treatment.

Discussion

According to Hippocrates (c. 460–370 BC), the father of medicine, “it is more important to treat the patient and not the disease the patient has” [6].

Albert Einstein (1879–1955), the most famous physicist in the world, said that “everything is energy” [7].

Hippocrates (c. 460–370 BC), also said in one of his quotes that “we need to consider other ancient medical traditions that were prior to the knowledge we have nowadays”. For this reason, in all the author’s articles, the reasoning used in TCM is applied. TCM has existed for more than 5 thousand years, and explains the formation of the majority of diseases, and in this case, the formation of ASD [6].

In many of the author’s articles, the tree metaphor is used (Figure 1) to show the different viewpoints between Western medicine and TCM, and why doctors cannot understand the cause of the formation of autism today. The Western medicine model came into existence after the implementation of the Flexner report in 1910, which determined that what should be considered “scientific” was only that which could be seen with the naked eye [3, 8,9].

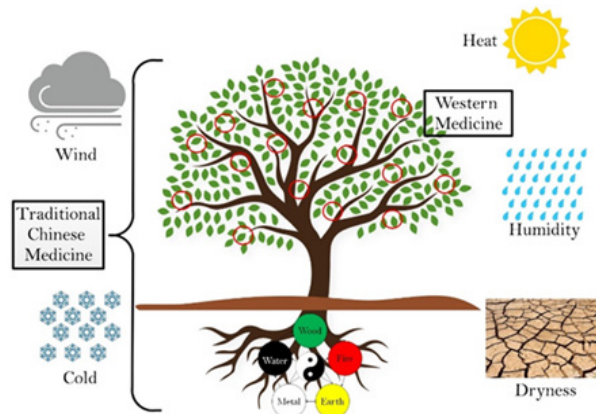


Figure 1: Metaphor of the Tree to Show the different Viewpoints between Western and Traditional Chinese Medicine.

In Figure 1, you can see that the tree is divided into two parts, the part above the earth and the part under the earth [4].

The part above the earth is a metaphor showing where the doctors of Western medicine are doing their diagnosis and treatment nowadays because it is the part that we can see with the naked eye. It is the part considered “scientific” by the medical community after the implementation of the Flexner report in 1910 [3].

In this part, we can see that the tree has a trunk with several branches, each branch stands for one medical specialty and coming out of each branch, you can see many leaves. Each leaf stands for one symptom or disease treated by each medical specialty [10].

We can see that, with an autism patient, many different clinical manifestations can be present covering many tree branches. Examples are difficulties in interaction and communication with other people, and altered ability to function at school, or at work [4, 11, 12].

When the author began to study TCM in 1997, she felt that it was a kind of medicine much different from what she had learned in a Western medical school. But after studying for several years, she felt that both kinds of medicine are telling us the same thing as if they were two sides of the same coin [10, 13].

One side of the coin is TCM telling us about the energy alterations that are needed before the formation of disease manifests at the leaf level of the tree. The other side of the coin is telling us about the disease itself, after years of energy imbalances, leading to the materialization of a disease formation at the leaf level of the tree and their clinical manifestations [14].

Both kinds of medicine are complementary to each other, meaning one cannot exist without the other because they are the same thing telling us about different parts of the human being, materialized energy and non-materialized energy, and in different stages of the evolution of disease [8-10].

What the author wants to explain in this article is that, the part of the evolution of the development of disease from the energy point of view is not studied by medical doctors nowadays because of the implementation of the Flexner report in 1910, changing the medical curriculum in the majority of medical faculties, and considering only as “scientific”, that which they could see with the naked eye. This included scientific proof through the use of radiological or laboratory exams, recognizing the human body as only what can be seen, but we are also formed of energy, that cannot be seen with the naked eye, and this part, is affected, after the modernization

of telecommunication, after the implementation of 4G and 5G technology, as was shown by the author in some published articles [15,16].

So, the energy aspect of the human body was put aside, and this lack of knowledge is manifesting today, showing a crisis in our medical assistance and leading to chaos in the diagnosis and treatment of the majority of the population because the medications that medical faculties are telling the new medical doctors to prescribe are harming our health, as was shown in the article written by Huang (2021) titled *Are The Medications That We Are Prescribing To Our Patients Harming Them?* [17].

In the article written by Huang (2021) titled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, she demonstrated through the analysis of a 1000 patients in her clinic in Brazil from 2015 to 2020 (before the COVID-19 pandemic) that 90% of all her patients were at the lowest level of energy in all the five internal massive organs of TCM medicine, which are the Liver, Heart, Spleen, Lungs and Kidneys [18].

In TCM, each organ has the function of a battery for each external sensorial organ. For example, the Liver is responsible for eye and vision. The Heart is responsible for communication (this is the organ most affected in patients with autism, leading to difficulty in communication) because there is no energy in the battery of the Heart because their parents were also in this situation generating a child with the same lack of energy [10].

The Spleen is responsible for the sense of taste and Lungs are responsible for the sense of smell. The Kidneys are responsible for the hearing process [19].

For this reason, for each clinical manifestation presented by these patients, the real cause is in the “root” of this tree and not just in the “leaf” level of this tree, which Western medical doctors are treating nowadays. If we treat only the leaf of this tree, which only represents the symptoms, and not the real cause, the medication that they are using to treat the leaf (the symptoms) could harm even more the internal energy of these organs that are already very weak in energy, causing complications or even the death of these patients, as was revealed in the article written by Huang (2024) titled *Can The Medications We Are Prescribing Cause Myocardial Infarction?* [16].

In this article, Huang shows that due to alterations in the standard energy level of the majority of the population nowadays, the batteries of the five internal massive organs are very low in energy (the Liver, Heart, Spleen, Lungs and Kidneys) and they are responsible for the production of energy for the proper functioning of the majority of organs and systems. This energy deficiency situation is affecting the normal flow of Blood inside the blood vessels because according to traditional Chinese medicine, the flow of Blood inside the blood vessels needs to have four energies known as *Yin*, *Yang*, *Qi* and Blood, as you can see in Figure 2 [16].



Figure 2: Schematic Figure Showing the Relationship between *Yin*, *Yang*, *Qi* and Blood.

Yin and *Yang* is Produced by the Kidney [20].

Qi is produced when *Yin*, *Yang* and Blood are in adequate levels and it is governed by the energy of the Liver and Lungs [12].

Blood is produced by the Spleen [11].

When we use any kind of highly concentrated medication recommended by the modern Western medical schools, these energies can drop even more (Arndt-Schultz Law- Figure 3) and cause stagnation of Blood in any part of the human body such as the central nervous system leading to stroke [16, 21-23].

According to Arndt- Schultz law, created by two German researchers in 1888, they are saying that the use of any kind of highly concentrated medication can drop the vital energy and can cause complications or even death of this patient, as you can see in Figure 3. So, the use of highly diluted medication can increase the internal energy and this is the ideal medication to be used in this new type of population that we are facing nowadays, considered immunodeficient, to prevent side effects of sudden death [16, 21-23].

If the Blood stagnates in the myocardial artery, it can cause myocardial infarction even without arterial obstruction but even when the patient has arterial obstruction, we need to treat this energy deficiency situation which is causing Blood stagnation because all patients have this energy deficiency situation causing different symptoms at the leaf level of the tree [16, 21-23].

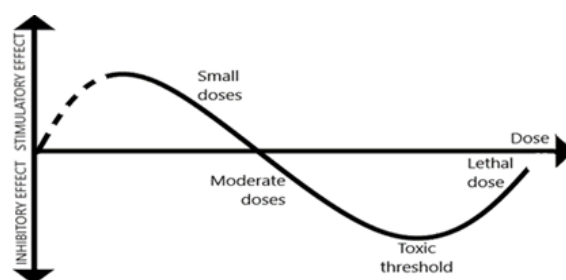


Figure 3: Arndt-Schultz Law

In the case report 2, C's mother said that her pregnancy was normal and the only medication that she used in the gestational period was vitamins. What I want to say in this situation is that even the use of vitamins, considered highly concentrated medications, can reduce even more the internal energy and cause increase the chance to have any symptoms caused by energy deficiency inside the five internal massive organs, in this case, C developed ASD [24].

In Chinese medicine, they say that many clinical manifestations can come from the same energy imbalances and one clinical manifestation can come from many different energy imbalances [25].

According to the article written by U.S. Department of Health and Human Services, National Institutes of Health, National Institute of Mental Health (2025), they are saying that there are some factors that can be associated with increased risk in having ASD [1].

These factors could be: 1) Old parents 2) Very low birth weight 3) Genetic conditions such as fragile X syndrome and down's syndrome 4) Siblings with ASD [1].

In each of these symptoms, I will explain the reason considering the energy level, that is producing them. For example, the symptom of low birth weight can be explained by the lack of energy inside the five internal massive organs as in the Spleen when it does not have energy, the patient cannot absorb nutrients normally and

can develop anemia leading to low weight [11, 24].

When the patient has a sibling with ASD the chance to have the same energy alteration as this sibling increases but does not mean that this person will have the same symptoms because according to traditional Chinese medicine, the same energy alteration can cause different clinical manifestations [25].

When patients have any genetic condition such as Down or X fragile syndrome, following from research that was done in the author's clinic in Brazil analyzing the energy of these kinds of patients, they also had energy deficiency inside their five internal massive organs (Liver, Heart, Spleen, Lungs and Kidneys) so, some of them could evolve to autism symptoms but caused by this energy deficiency situation, as shown in the article written by Huang (2021) titled *Energy Alterations in Down's Syndrome Patient* [26].

The problem at present is that Western medicine's doctors are encouraging people to do the diagnosis earlier, looking at the behavior and development but do not know how to prevent this disease formation because they still do not know how we can prevent the development of autism, using their usual method of reasoning [3, 27].

As said by Albert Einstein (1879–1955), “we cannot solve our problems with the same thinking we used when created them” [7].

As was shown in the first and second case reports, the parents of these patient had something in common, which were this energy deficiency situation, the lack of energy inside the five internal massive organs [15].

If we analyze the energy of the parents of these patients, we will see that they have this lack of energy pattern because as shown in the article written by Huang (2023) titled *New Global Immunodeficiency*, the majority of the population globally is affected by this energy deficiency situation, generating diverse symptoms from depression to cancer [15].

Since initiating studies of the energy in the human body in 2010, and measuring the energy of all patients from the author's clinic with regards to the five internal massive organs, results showed that the majority of them were normal concerning their energy. Suddenly in 2014-2015, the patients changed their pattern of energy to “no energy” in all five internal massive organs worsening each year. At the moment (2025), 100% of the patients are in this situation independent of the age group and independent of the type of diagnosis [15, 16, 18].

So, another article was written by Huang (2023) with the title *Is the Information That Patients Have on the Internet in the Medical Field Safe for the Type of Population We Have Today?* where it was shown that the majority of studies were making use of highly concentrated medications, which should not be used on this new type of population that are being treated at the moment, who suffer from immunodeficiency. The risk of developing myocardial infarction is high and this can explain all cases of deaths caused by supposed myocardial infarction because no study is looking at the energy part of the human body, but only the symptoms [28].

In the tree, you can see the part under the earth, invisible to the naked eye, which corresponds to two theories in traditional Chinese medicine, the *Yin* and *Yang* theory and the Five Elements theory, as can be seen in Figure 4 , 5 and 6 [28].



Figure 4: *Yin* and *Yang* Symbol

In Figure 4, you can see the representation of *Yin* and *Yang*. They are opposites but are complementary, one does not exist without the other. The white part of this symbol represents the *Yang* energy and the black part of this symbol represents the *Yin* energy. This dichotomy exists in all things in the universe such as day (*Yang*) and night (*Yin*), Man (*Yang*) and Women (*Yin*), Sun (*Yang*) and Moon (*Yin*), Summer (*Yang*) and Winter (*Yin*), etc [8].

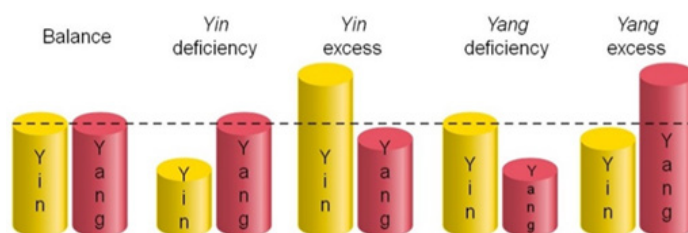


Figure 5: *Yin* and *Yang* Balanced State and the Imbalances between them Generating Disease in the Future.

In Figure 5, *Yin* and *Yang* are shown to be in need of a balanced state and the imbalances between these two energies can generate disease at the “leaf” level, such as menopause symptoms (*Yin* energy deficiency) or urinary incontinence (*Yang* energy deficiency) [8]. That is why there are many different clinical manifestations in ASD, but nowadays, as shown in the article written by Huang (2023) titled *New Global Immunodeficiency*, the majority of patients are suffering from the same energy deficiency situation, leading to a diverse clinical manifestation in the leaf level of the tree. According to Traditional Chinese Medicine reasoning, many clinical manifestations can come from the same energy alteration [15, 25].

For *Yin* and *Yang* to flow inside the body, two more energies are necessary, *Qi* and Blood, and their relationship was demonstrated in Figure 2 [16].

When there is one energy deficiency or a combination of these deficiencies (Figure 6), there is a formation of internal Fire inside the body, leading to symptoms of anxiety, panic syndrome, irritability, insomnia, etc. or even cancer [16].

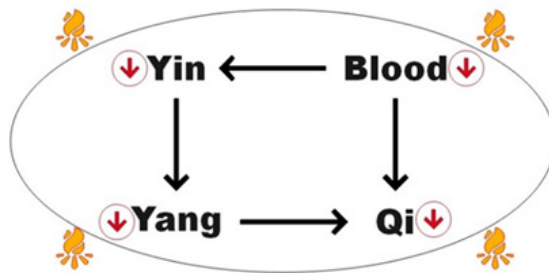


Figure 6: Formation of Internal Fire when there is one or a Combination of these Energy Deficiencies.

The Five Elements is the second theory presented at the “root” of this tree, which we need to understand, to know the clinical alterations that autism patients are presenting and why we can treat this condition without using psychotropic medications [5].

In this theory, the Five Elements correspond to Wood, Fire, Earth, Metal and Water and there is correspondence for each element inside the body, as you can see in Figure 7 [5].

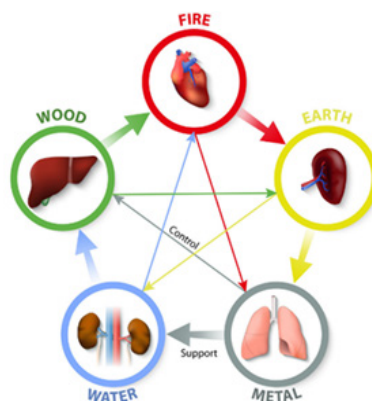


Figure 7: Five Elements Theory

The Wood element corresponds to the Liver, the Fire element to the Heart, the Earth element to the Spleen, the Metal element to the Lungs and the Water element to the Kidneys, as you can see in Figure 7 [5].

There is a correspondence between these five internal massive organs of the Five Elements theory of TCM and the chakras’ energy centers studied by Ayurvedic medicine, another ancient medical tradition studied in India, as you can see in Figure 8, shown in the article written by Chase (2018) titled *The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use* [29].

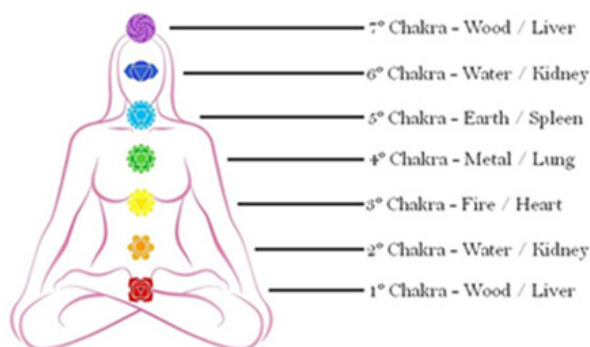


Figure 8: Correspondence between Chakras’ Energy Centers and the Five Elements in Traditional Chinese Medicine.

The chakras' energy centers are energy concentrations like a battery that exists inside the body however they cannot appear in any laboratory exams. Each chakra sends energy to one external sensorial organ and is responsible for the production of one specific energy for maintaining our health [10, 19, 30].

The lack of adequate production of these energies is responsible for the formation of diseases at the "leaf" level of the tree. So, according to Hippocrates (c. 460–370 BC), he said that "it is more important to treat the patient and not the disease the patient has". If we treat the patient, treating his energy alterations presented at the "root" of the tree, all the symptoms would improve at the same time, because the majority of symptoms are formed at the "root" of the tree and not at the "leaf" level of the tree, shown in Figure 1 [6, 10].

But what Western medical doctors are emphasizing nowadays is the treatment of the symptoms and not the treatment of the real cause of the formation of disease, which is the lack of energy inside these five internal massive organs, shown in the article written by Huang (2023) titled *Why Is Every Cancer Only the "Tip" of The Iceberg?* [30]

In the case of autism, what the patients have in common nowadays are these energy deficiencies inside these five internal massive organs, caused by the modernization of telecommunication [15, 18].

In the author's clinical practice, for the couple that wants to have babies, they are usually advised to treat their energy deficiency situation, and this means both parents, before the woman gets pregnant, in order to have a healthier child without the risk of contracting any kind of disease, in this case, a child with autism [31].

Normally, when this kind of patient goes to the clinic, the energy of their five internal massive organs is measured through the measurement of the chakras' energy centers using the radiesthesia procedure [8, 9, 18].

Radiesthesia is a technique used to detect if the chakra has energy, and the result points toward the corresponding organ that has or lacks energy [8].

The second thing that is usually explained to the autism patient or their parents is diet orientation or which food the patient can eat and which food they need to avoid in order to maintain the energy of the five internal massive organs at an equilibrium [8].

They are usually orientated to avoid the ingestion of dairy products, raw food, Cold water and sweets because all these foods can induce Spleen and Pancreas energy deficiency, leading to malabsorption of nutrients and less formation of Blood. This Blood energy deficiency can cause formation of internal Fire inside the body, leading to constipation and anxiety symptoms [4, 11].

The second group of foods that are usually recommended to avoid is the ingestion of fried foods, eggs, honey, coconut, alcoholic beverages, melted cheese, because all these foods can induce more formation of internal Fire, responsible for the symptoms of anxiety, irritability, agitation, insomnia, etc. [2, 4, 32].

It is of utmost importance to understand the beginning of the whole process because, as the majority of the population has no energy inside these organs, it is better to treat them using less or no highly concentrated medication, to reduce the chance of having complications such as myocardial infarction as shown above [16, 23].

The third group of foods to avoid are coffee, soda and matte tea because all these drinks can reduce even more the energy of the Kidneys, important for the production of *Yin* and *Yang* energy [33].

The lack of energy of the Kidneys is responsible for anxiety symptoms. If we avoid the use of psychotropic medications in these patients, to avoid the energy deficiency condition caused by the use of highly concentrated medications, they will not get worse and they will have more chance to improve from their symptoms of autism [34].

The second tool used on these patients is auricular acupuncture with apex ear bloodletting [33].

The ear is considered a microsystem, and it have more than 700 points representing the diverse organs in the body. In the case of patients with autism, apex ear bloodletting is recommended practice using the points

of Shem men, Liver, Kidney, Spleen, Lungs, Heart, Large intestine, insomnia, occiput, with the use of a mustard seed that is considered to be the smallest seed in the world, to tone the energy of each organ that needs to be treated, as you can see on Figure 9 [35].

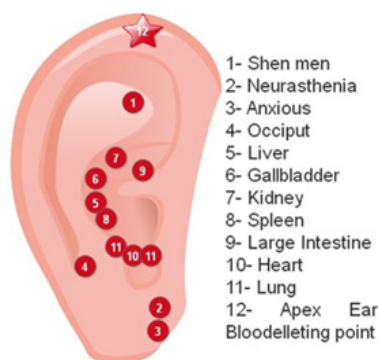


Figure 9: Auricular Acupuncture with Apex Ear Bloodletting.

The third tool used in the treatment of the patients reported in case one and two is the replenishment of the internal organs’ energy using highly diluted medications according to the theory created by Huang (2020) titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* and the use of crystal-based medications, as you can see in the Table 1 and Figure 10 [5].

Chakras	Five Elements	Homeopathy Medications	Crystal-Based Medications
1° Chakra	Wood/Liver	Phosphorus	Garnet
2° Chakra	Water/Kidney	Natrum Muriaticum	Orange calcite
3° Chakra	Fire/Heart	Sulphur	Rhodochrosite
4° Chakra	Metal/Lung	Silicea	Emerald
5° Chakra	Earth/Spleen	Calcarea Carbonica	Blue Quartz
6° Chakra	Water/kidney	Tone 2° chakra	Sodalite
7° Chakra	Wood/Liver	Tone 1° chakra	Tiger eye

Table 1: Homeopathy and Crystal-Based Medications used in the Replenishment of the Five Internal Organs’ Energy (Liver, Heart, Spleen, Lungs and Liver).



Figure 10: Homeopathy to Tone the Energy of the Five Internal Massive Organs According to the Theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*.

To finalize this article, I would like to say that “it is important to consider other ancient medical traditions that existed prior to the knowledge we have nowadays”, as said by Hippocrates (c. 460–370 BC), the father of medicine [6].

The importance to integrate the reasoning used by both Western and Traditional Chinese medicine (shown on Figure 11) is fundamental. Considering the *Yin* and *Yang* metaphor, all alterations are at the energy level and to understand at the deepest level what is happening to these patients, only Western medicine's point of view cannot explain wholly [4, 11, 33].

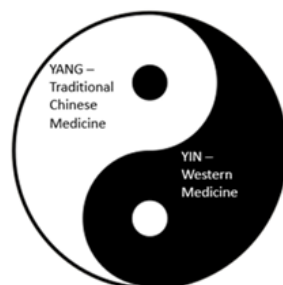


Figure 11: *Yin* and *Yang* Metaphor of Integration of Western and Traditional Chinese Medicine to Understand in the Deepest Level what could be Happening in Autism Patients in this New Global Immunodeficiency.

The conclusion of this study is to demonstrate that autism patients have in their background an energy deficiency inside the five internal massive organs caused by the modernization of telecommunication after the implementation of 4G and 5G technology, considering the Five Elements theory (Liver, Heart, Spleen, Lungs and Kidneys) and the treatment of this condition using TCM tools. These tools are Chinese dietary counseling, auricular acupuncture and replenishment of these energies using highly diluted medications according to the theory of *Constitutional Homeopathy of the Five Elements Based on traditional Chinese Medicine*. Also, crystal-based medications are important tools to be used and the avoidance of the use of any kind of highly concentrated medications, which could induce more energy deficiency and cause more complications such as myocardial infarction or stroke or sudden death.

Acknowledgements

Special thanks to John Bolissian, for proofreading the text grammatically and structurally. Also, I would like to thank my Chinese medicine's professor, Dr Lo Der Cheng (in memory) for all his teachings allowing me to understand the diseases formation in this new global immunodeficiency.

References

1. National Institute of Mental Health (NIMH) (2025) Autism Spectrum Disorder. Bethesda: U.S. Department of Health and Human Services, National Institutes of Health <https://www.nimh.nih.gov/sites/default/files/documents/health/publications/autism-spectrum-disorder/autism-spectrum-disorder.pdf>.
2. Huang Wei Ling (2020) Auricular Acupuncture and Chinese Dietary Counseling in The Treatment of Insomnia. Archives of Neurology and Neuro Disorders 3:1-11.
3. Huang Wei Ling (2021) What Flexner Report did to Our Medicine After 100 Years of Implantation?. Acta Scientific Gastrointestinal Disorders 8: 01-04.
4. Huang Wei Ling (2019) Why Do Patients Still Have Anxiety Symptoms Despite the Use of Psychotropic Medications?. Archives of Neurology and Neuro Disorders 2: 13-23.
5. Huang Wei Ling (2020) Constitutional Homeopathy of Five Elements Based on Traditional Chinese Medicine. Acta Scientific Medical Sciences 4: 57-69.
6. Encyclopaedia Britannica. Hippocrates. Encyclopaedia Britannica <https://www.britannica.com/biography/Hippocrates>.
7. Encyclopaedia Britannica. Albert Einstein. Encyclopaedia Britannica <https://www.britannica.com/biography/Albert-Einstein>
8. Huang Wei Ling (2019) Why Are Diabetic Patients Still Having Hyperglycemia Despite Diet Regulation, Antihyperglycemic Medication and Insulin? Int J Diabetes Metab Disord 4: 1-14.
9. Huang WL(2020) The Importance of Treating Energy Imbalances and Chakras Replenishment for Prevention

- and Treatment of Cancer 3.
10. Huang Wei Ling (2019) The Importance of Correcting Energy Imbalances and Chakras Energy Deficiencies in the Treatment of Patients with Glaucoma. *Clin Res Ophthalmol* 2: 1-9.
 11. Huang Wei Ling (2021) Energies Alterations and Chakras' Energies Deficiencies in Patients with Chronic Constipation. *J Gastro & Digestive Systems*4: 51-58.
 12. Huang WL (2023) Energy Alterations in Patients with Parkinson's Disease and What Is the Impact on Their Treatment?. *On J Neur & Br Disord* 7.
 13. Huang WL (2024) Why Are We Facing So Many Patients with Cancer Nowadays?. *Acta Scientific Cancer Biology* 8: 08-11.
 14. HUANG Wei Ling (2025) Are the Antilipidemic Drugs, Prescribed to Reduce the Chance of Having Myocardial Infarction, Increasing the Possibility of Having Myocardial Infarction Nowadays? *Journal of Cardiology Research Reviews & Reports* 5: 1-6.
 15. Huang WL (2023) New Global Immunodeficiency. *Ann Immunol Immunother* 5: 000173.
 16. Huang Wei Ling (2024) Can The Medications We Are Prescribing Cause Myocardial Infarction?. *Journal of Cardiology Research Reviews & Reports* <https://www.onlinescientificsresearch.com/articles/can-the-medications-we-are-prescribing-cause-myocardial-infarction.pdf>.
 17. Huang Wei Ling (2021) Are The Medications That We Are Prescribing to Our Patients Harming Them? *6: 11-13*.
 18. Huang Wei Ling (2021) Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection. *Acta Scientific Microbiology* 4: 167-196.
 19. HUANG Wei Ling (2021) Chakras' Energies Deficiencies as One of the Causes of Anosmia and Loss of Taste in SARS-CoV-2 Infection Patients. *Acta Scientific Medical Sciences* 5: 73-89.
 20. Huang Wei Ling (2019) How to Treat Urinary Incontinence in Women Without Surgery? *Androl Gynecol: Curr Res* 4.
 21. Huang W L (2022) Myocardial Infarction without Arterial Obstruction in Patient Post COVID-19 Treatment. *J Clinical Cardiology and Cardiovascular Interventions* 5.
 22. Huang Wei Ling (2021) Chakras' Energies Deficiencies as the Main Cause of Myocardial Infarction without Arterial Obstruction. *Online Journal*.
 23. Huang Wei Ling (2020) The Importance of Correcting Energy Imbalances in the Prevention and Treatment of Myocardial Infarction. *Acta Scientific Medical Sciences* 4: 20-27.
 24. Huang WL (2023) Clinical Characteristics of Children in This New Global Immunodeficiency. *Ann Immunol Immunother* 5: 000174.
 25. Ni M (1995) *Yellow Emperor's Classic of Medicine: The Essential Text of Chinese Health and Healing*. First. Shambhala, Boston and London.
 26. LING Huang Wei (2021) Energy Alterations in Down's Syndrome Patient. *International Journal of Biomed Research* 1.
 27. Huang W (2021) What Are the Markers That Predict the Development of Having Cancer in the Future Without Laboratory or Radiological Tests? *Journal of Cancer and Cancer Prevention*<https://www.acquire-publications.org/Journal/Cancer/PDF/JCCP2100101.pdf>.
 28. LING Huang Wei (2023) Is the Information That Patients Have on the Internet in the Medical Field Safe for the Type of Population We Have Today?. *International Journal of Research in Medical and Clinical Sciences* 1: 01-03.
 29. Chase CR (2018) The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use. *Med Acupunct* 30: 167-178.
 30. Huang W L (2023) Why Is Every Cancer Only the "Tip" of The Iceberg?. *Journal of Clinical Oncology Reports* 2.
 31. Huang WL(2021)Why is Infertility So High Among Couples Nowadays?. *J Biomed Res Environ Sci*2:447-449.
 32. Huang WL (2022) Immunodeficiency Generated by Energy Deficiency as the Cause of NonImprovement of Nosocomial Osteomyelitis in the Knee Post Motorcycle Accident. *Ann Immunol Immunother* 4: 000168.

33. Huang Wei Ling (2020) Why Patients with Knee Pain Still Have Symptoms Despite the Use of Anti-inflammatory Medications. *International Journal of Orthopaedics Research* 2: 21-27.
34. Ko Uo, Macciocia, Sebastian (2009) *The Psyche in Chinese Medicine: Treatment of Emotional and Mental Disharmonies with Acupuncture and Chinese Herbs*. Amsterdam: Elsevier Health Sciences <https://shop.elsevier.com/books/the-psyche-in-chinese-medicine/macciocia/978-0-7020-2988-2>.
35. Huang Li-Chun (2006) *Auricular Medicine*. 2nd ed. Orlando, FL: Auricular Medicine Center <https://www.amazon.com/Auricular-Medicine-Second-Lichun-Huang/dp/B008WSVYN4>.

Copyright: ©2026 Huang Wei Ling. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.